

# Food and crisis relief

Port Stephens



Drop in



Booking required \*Until supplies last

## Community meals 4U



### \$3 hot lunch

Thursday, midday

41 Beatty Boulevard, Taree

## Foodcare



### Fresh produce, pantry items and hot meal

Wednesday, 11am

180 Salamander Way, Salamander Bay

## Food Way Medowie



### Fresh cooked takeaway meal

Monday and Friday, 11am to 1pm



### Pantry food

Tuesday, Wednesday and Thursday, 9am to 2pm

### Food parcels, financial assistance

Case by case basis

60 Silver Wattle Drive, Medowie

**Bookings:** 4981 8204

## The Hope Cottage



### Fresh produce, pantry items, takeaway meals, personal and pet items

Tuesday, 10am to 12pm



### Food parcels

Tuesday, 10am to 12pm

25 Church Street, Nelson Bay

**Bookings:** 4981 1839

## Oz Harvest



### Food parcels

Monday, 3pm to 4:30pm collection

3 Jacaranda Avenue, Raymond Terrace

**Bookings:** 4987 1331 from 9 to 10am\*

## Port Stephens Family & Neighbourhood Services (PSFANS)



### Food parcels, shopping vouchers, bill support, clothing and personal hygiene items

Monday to Thursday, 9am to 3pm

3 Jacaranda Avenue, Raymond Terrace

**Bookings:** 49871331 (same day from 9am)

## Raymond Terrace Community Church and Hands and Feet Australia



### Fresh fruit and vegetables

Friday, 3 to 4:45pm

10 Richardson Road, Raymond Terrace

**Bookings:** 0422 523 896 or rtcc.org.au/hnf

## Salvation Army Church Raymond Terrace



### Food bags, frozen and cooked meals, showers

Tuesdays and Thursdays, 11am to 3pm

Community meal for gold coin donation on Tuesdays at 12pm.

15 Carmichael Street, Raymond Terrace

### Other assistance

Financial assistance (crisis). **Phone:** 8775 7988 for assessment.

Free haircuts by appointment. **Phone:** 4983 1425

### Oz Harvest

Pick your own fruit and veg, and meat if available. Monday afternoons. **Bookings:** 4983 1425 (follow the prompts to leave a message if not answered).

## St Johns



### Food parcels

Monday, before 10:30am

3 Jacaranda Avenue, Raymond Terrace

**Bookings:** 4987 1331 (referral from PSFANS)

## St Vincent de Paul Nelson Bay



### Food parcels, vouchers, bill assistance

15 Yacaaba Street, Nelson Bay

**Bookings:** 4981 4835

## Tomaree Neighbourhood Services



### Food parcels, food and energy vouchers

Monday and Wednesday, 10am to 3pm



### Emergency relief (food cards and electricity)

Monday and Wednesday, 10am to 3pm

7 Community Close, Salamander Bay

**Bookings:** 4984 6220 or info@tomareenc.org.au

## Wahroonga Aboriginal Corporation Raymond Terrace



### Pantry items

Monday to Friday, 9am to 5pm\*

4/25 Sturgeon St, Raymond Terrace

## Warliga Ngurra



### Food parcels

Monday, 10am

Provide name, suburb and Medicare number

29 Shearman Avenue, Raymond Terrace

## Yacaaba Centre



### Food parcels, personal hygiene items, vouchers

Monday to Friday, 9am to 4pm

29 Donald St, Nelson Bay. **Bookings:** 4984 2176