# Community services and support

Port Stephens

# **Community neighbourhood centres**

Port Stephens Family and Neighbourhood Services (PSFaNS)

- 4987 1331
- psfans.org.au
- 3 and 5 Phillip Street, Raymond Terrace

**Tomaree Neighbourhood Services** 

- 4984 6220
- info@tomareenc.org.au
- Located at Tomaree Library, Salamander Bay

# **Community organisations**

New Life Community Relief Incorporated

- 0402 381 025
- nlcrelief.org

Warlga Ngurra

- 0467 023 195
- warlgangurra.org.au

Wahroonga Aboriginal Corporation

- 4024 3115
- wahroonga1994@gmail.com
- Shop 14/25 Sturgeon St, Raymond Terrace

# **Emergency 24-hour Services**

Emergency Services (Police, Fire, Ambulance) 000

NSW State Emergency Services (NSW SES) 132 500, ses.nsw.gov.au

Live Traffic 132 701, livetraffic.com

# **Church based community services**

Salvation Army Raymond Terrace

- 0418 741 172
- salvationarmy.org.au/raymondterrace

**Raymond Terrace Community Church** 

- 4983 1889
- rtcc.org.au

St Vincent de Paul

• 4961 6885 (Mon to Fri 9.30am to 12.30pm)

# **Housing services**

**Hume Community Housing** 

- 9722 4300
- humehousing.com.au

Link2Home Homelessness

• 1800 152 152

# Legal service

Legal Aid (Free Legal Advice)

- 1800 801 529
- disasterhelp.legalaid.nsw.gov.au

# **Mental Health 24-hour Services**

Lifeline 131 114

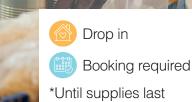
Kids Helpline 1800 511 800, kidshelpline.com.au

Beyond Blue 1300 224 636, www.beyondblue.org.au



# **Food and crisis relief**

Port Stephens



#### **Community meals 4U**



# \$3 hot lunch

Thursday, midday 41 Beatty Boulevard, Tanilba Bay

#### Foodcare



Fresh produce, pantry items and hot meal Wednesday, 11am 180 Salamander Way, Salamander Bay

# **Food Way Medowie**

Fresh cooked takeaway meal Monday and Friday, 11am to 1pm



**Pantry food** Tuesday, Wednesday and Thursday, 9am to 2pm Food parcels, financial assistance

Case by case basis 60 Silver Wattle Drive, Medowie Bookings: 4981 8204

# The Hope Cottage

Fresh produce, pantry items, takeaway meals, personal and pet items Tuesday, 10am to 12pm



# **Food parcels** Tuesday, 10am to 12pm

25 Church Street, Nelson Bay Bookings: 4981 1839

# **Oz Harvest**

# **Food parcels**

Monday, 3pm to 4:30pm collection 3 Jacaranda Avenue, Raymond Terrace Bookings: 4987 1331 from 9 to 10am\*

# Port Stephens Family & **Neighbourhood Services (PSFANS)**



Food parcels, shopping vouchers, bill support, clothing and personal hygiene items Monday to Thursday, 9am to 3pm

3 Jacaranda Avenue, Raymond Terrace Bookings: 49871331 (same day from 9am)

# Raymond Terrace Community Church and Hands and Feet Australia



Fresh fruit and vegetables

Friday, 3 to 4:45pm 10 Richardson Road, Raymond Terrace Bookings: 0422 523 896 or rtcc.org.au/hnf

# **St Johns**



**Food parcels** Monday, before 10:30am

3 Jacaranda Avenue, Raymond Terrace **Bookings:** 4987 1331 (referral from PSFANS)

# St Vincent de Paul Nelson Bay



Food parcels, vouchers, bill assistance

15 Yacaaba Street, Nelson Bay Bookings: 4981 4835

#### **Tomaree Neighbourhood Services**



Food parcels, food and energy vouchers Monday to Friday, 10am to 3pm



**Emergency relief (food cards and electricity)** 

Monday to Friday, 10am to 3pm 7 Community Close, Salamander Bay Bookings: 4984 6220 or info@tomareenc.org.au

# Wahroonga Aboriginal

**Corporation Raymond Terrace** 



**Pantry items** Monday to Friday, 9am to 5pm\*

4/25 Sturgeon St, Raymond Terrace

# Warlga Ngurra

# **Food parcels**



Provide name, suburb and Medicare number 29 Shearman Avenue, Raymond Terrace

# Yacaaba Centre



Food parcels, personal hygiene items Monday to Friday, 9am to 4pm

29 Donald St, Nelson Bay. Bookings: 4984 2176

