



# Community services and support

Port Stephens

## Community neighbourhood centres

### Port Stephens Family and Neighbourhood Services (PSFaNS)

- 4987 1331
- [psfans.org.au](http://psfans.org.au)
- 3 and 5 Phillip Street, Raymond Terrace

### Tomaree Neighbourhood Services

- 4984 6220
- [info@tomareenc.org.au](mailto:info@tomareenc.org.au)
- Located at Tomaree Library, Salamander Bay

## Community organisations

### New Life Community Relief Incorporated

- 0402 381 025
- [nlcrelief.org](http://nlcrelief.org)

### Warlga Ngurra

- 0467 023 195
- [warlgangurra.org.au](http://warlgangurra.org.au)

### Wahroonga Aboriginal Corporation

- 4024 3115
- [wahroonga1994@gmail.com](mailto:wahroonga1994@gmail.com)
- Shop 14/25 Sturgeon St, Raymond Terrace

## Church based community services

### Salvation Army Raymond Terrace

- 0418 741 172
- [salvationarmy.org.au/raymondterrace](http://salvationarmy.org.au/raymondterrace)

### Raymond Terrace Community Church

- 4983 1889
- [rtcc.org.au](http://rtcc.org.au)

### St Vincent de Paul

- 4961 6885 (Mon to Fri 9.30am to 12.30pm)

## Housing services

### Hume Community Housing

- 9722 4300
- [humehousing.com.au](http://humehousing.com.au)

### Link2Home Homelessness

- 1800 152 152

## Legal service

### Legal Aid (Free Legal Advice)

- 1800 801 529
- [disasterhelp.legalaid.nsw.gov.au](http://disasterhelp.legalaid.nsw.gov.au)

## Emergency 24-hour Services

Emergency Services (Police, Fire, Ambulance)  
000

NSW State Emergency Services (NSW SES)  
132 500, [ses.nsw.gov.au](http://ses.nsw.gov.au)

Live Traffic  
132 701, [livetraffic.com](http://livetraffic.com)

## Mental Health 24-hour Services

Lifeline  
131 114

Kids Helpline  
1800 511 800, [kidshelpline.com.au](http://kidshelpline.com.au)

Beyond Blue  
1300 224 636, [www.beyondblue.org.au](http://www.beyondblue.org.au)

# Food and crisis relief

Port Stephens



Drop in



Booking required

\*Until supplies last

## Community meals 4U



### \$3 hot lunch

Thursday, midday

41 Beatty Boulevard, Tanilba Bay

## Foodcare



### Fresh produce, pantry items and hot meal

Wednesday, 11am

180 Salamander Way, Salamander Bay

## Food Way Medowie



### Fresh cooked takeaway meal

Monday and Friday, 11am to 1pm



### Pantry food

Tuesday, Wednesday and Thursday, 9am to 2pm

### Food parcels, financial assistance

Case by case basis

60 Silver Wattle Drive, Medowie

**Bookings:** 4981 8204

## The Hope Cottage



### Fresh produce, pantry items, takeaway meals, personal and pet items

Tuesday, 10am to 12pm



### Food parcels

Tuesday, 10am to 12pm

25 Church Street, Nelson Bay

**Bookings:** 4981 1839

## Oz Harvest



### Food parcels

Monday, 3pm to 4:30pm collection

3 Jacaranda Avenue, Raymond Terrace

**Bookings:** 4987 1331 from 9 to 10am\*

## Port Stephens Family & Neighbourhood Services (PSFANS)



### Food parcels, shopping vouchers, bill support, clothing and personal hygiene items

Monday to Thursday, 9am to 3pm

3 Jacaranda Avenue, Raymond Terrace

**Bookings:** 49871331 (same day from 9am)

## Raymond Terrace Community Church and Hands and Feet Australia



### Fresh fruit and vegetables

Friday, 3 to 4:45pm

10 Richardson Road, Raymond Terrace

**Bookings:** 0422 523 896 or rtcc.org.au/hnf

## St Johns



### Food parcels

Monday, before 10:30am

3 Jacaranda Avenue, Raymond Terrace

**Bookings:** 4987 1331 (referral from PSFANS)

## St Vincent de Paul Nelson Bay



### Food parcels, vouchers, bill assistance

15 Yacaaba Street, Nelson Bay

**Bookings:** 4981 4835

## Tomaree Neighbourhood Services



### Food parcels, food and energy vouchers

Monday to Friday, 10am to 3pm



### Emergency relief (food cards and electricity)

Monday to Friday, 10am to 3pm

7 Community Close, Salamander Bay

**Bookings:** 4984 6220 or info@tomareenc.org.au

## Wahroonga Aboriginal Corporation Raymond Terrace



### Pantry items

Monday to Friday, 9am to 5pm\*

4/25 Sturgeon St, Raymond Terrace

## Warlga Ngurra



### Food parcels

Monday, 10am

Provide name, suburb and Medicare number

29 Shearman Avenue, Raymond Terrace

## Yacaaba Centre



### Food parcels, personal hygiene items

Monday to Friday, 9am to 4pm

29 Donald St, Nelson Bay. **Bookings:** 4984 2176