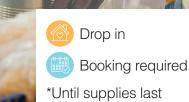
Food and crisis relief

Port Stephens



Community meals 4U



\$3 hot lunch

Thursday, midday 41 Beatty Boulevard, Tanilba Bay

Foodcare



Fresh produce, pantry items and hot meal Wednesday, 11am 180 Salamander Way, Salamander Bay

Food Way Medowie

Fresh cooked takeaway meal Monday and Friday, 11am to 1pm



Pantry food Tuesday, Wednesday and Thursday, 9am to 2pm Food parcels, financial assistance

Case by case basis 60 Silver Wattle Drive, Medowie **Bookings:** 4981 8204

The Hope Cottage

Fresh produce, pantry items, takeaway meals, personal and pet items Tuesday, 10am to 12pm



Food parcels Tuesday, 10am to 12pm

25 Church Street, Nelson Bay **Bookings:** 4981 1839

Oz Harvest

Food parcels

Monday, 3pm to 4:30pm collection 3 Jacaranda Avenue, Raymond Terrace **Bookings:** 4987 1331 from 9 to 10am*

Port Stephens Family & Neighbourhood Services (PSFANS)



Food parcels, shopping vouchers, bill support, clothing and personal hygiene items Monday to Thursday, 9am to 3pm

3 Jacaranda Avenue, Raymond Terrace **Bookings:** 49871331 (same day from 9am)

Raymond Terrace Community Church and Hands and Feet Australia



Fresh fruit and vegetables Friday, 3 to 4:45pm

10 Richardson Road, Raymond Terrace **Bookings:** 0422 523 896 or rtcc.org.au/hnf

St Johns



Food parcels Monday, before 10:30am

3 Jacaranda Avenue, Raymond Terrace **Bookings:** 4987 1331 (referral from PSFANS)

St Vincent de Paul Nelson Bay



Food vouchers and bill assistance

15 Yacaaba Street, Nelson Bay **Bookings:** 4981 4835

Tomaree Neighbourhood Services



Food parcels, food and energy vouchers Monday to Friday, 10am to 3pm



Emergency relief (food cards and electricity)

Monday to Friday, 10am to 3pm 7 Community Close, Salamander Bay **Bookings:** 4984 6220 or info@tomareenc.org.au

Wahroonga Aboriginal

Corporation Raymond Terrace



Pantry items

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Monday to Friday, 9am to 5pm* 4/25 Sturgeon St, Raymond Terrace

Warlga Ngurra

Food parcels



Provide name, suburb and Medicare number 29 Shearman Avenue, Raymond Terrace

Yacaaba Centre



Food parcels, personal hygiene items, vouchers Monday to Friday, 9am to 4pm

29 Donald St, Nelson Bay. Bookings: 4984 2176

