



### First National Seniors Concert

Free 2 course lunch at the beautiful Nelson Bay Bowling Club with entertainment by Seth Drury performing "All The Way - The Sinatra Songbook." Spots are limited, book with Nelson Bay Bowling Club on 4981 1272. Linked are offering \$5 transfers to the concert. Call 4984 7999 or visit linked.org.au to book.



**first national**  
REAL ESTATE  
Port Stephens



**Mon 06**

**Nelson Bay Bowling Club, Nelson Bay**  
11:30am to 1:30pm

**Wed 01**

#### Seniors art class

Fly Point Park, Nelson Bay  
8:30am to 10:30am  
Cost: Free. Art materials, tea and coffee supplied

#### Aqua aerobics

Lakeside Leisure Centre, Raymond Terrace  
8am and 5:45pm  
Cost: \$14.60 (accepts membership)

#### Mature Movers

Koindah Centre, Tanilba Bay  
10:45am, Cost: \$10 to \$12  
Bookings required 0404 805 626

**Thu 02**

#### Regis Port Stephens seniors event

40 Bagnall Beach Rd, Corlette  
10am to midday  
Morning tea, site tours, live concert by the Port Stephens Sea Shanty's

#### Mature Movers

Koindah Centre, Tanilba Bay  
10:45am  
\$10 to \$12 per person  
Bookings required 0404 805 626

#### Hume Community Housing seniors event

46 William St, Raymond Terrace  
Tai Chi – 9am to 10am, cost: \$5  
Free morning tea – 10am to 10:20am  
Free activities – 10:20am to 11am  
Exercise – 11am to midday, cost: \$5

#### Tech Connect

Tomaree Library, Salamander Bay and Raymond Terrace Library, Raymond Terrace  
10:30am to 11:30am  
Assistance with your phone or tablet

**Fri 03**

#### Seniors art class

Henderson Park, Lemon Tree Passage, 8:30am to 10:30am.  
Cost: Free. Art materials supplied

#### Aqua aerobics

Lakeside Leisure Centre, Raymond Terrace, 8am and 5:45pm  
Cost: \$14.60 (accepts membership)

Tomaree Aquatic Centre, Salamander Bay, 10am to 11am

**Mon 06**

#### Mature Movers

Koindah Centre, Tanilba Bay  
10:45am  
\$10 to \$12 per person  
Bookings required 0404 805 626

#### Aqua aerobics

Lakeside Leisure Centre, Raymond Terrace  
8am and 5:45pm  
Cost: \$14.60 (accepts membership)

#### Simshakti yoga

Raymond Terrace Library, Raymond Terrace  
1pm to 2:30pm  
Bookings essential 4988 0111

## Tue 07

### Mature Movers

Kooindah Centre, Tanilba Bay  
10:45am  
\$10 to \$12 per person  
Bookings required 0404 805 626

### Seniors Rights Sessions

Raymond Terrace Library,  
Raymond Terrace  
9am to 12pm  
Tomaree Library, Salamander Bay  
1:30pm to 4:30pm

### Meditation

Tomaree Library, Salamander Bay  
10am to 11am  
Bookings essential 4988 0670  
Raymond Terrace Library,  
Raymond Terrace  
2pm to 3pm  
Bookings essential 4988 0111

### History of the Worimi

Harbourside Haven Gardens,  
Shoal Bay from 10am  
Fingal Haven Village, Fingal Bay  
from midday  
Salamander Haven Village,  
Salamander Bay from 2.30pm  
Hosted by Port Stephens Veterans  
Citizens & Aged Care and  
presented by Murrook Cultural  
Centre. Light refreshments provided.

## Wed 08

### Seniors art class

Riverside Park, Raymond Terrace  
8:30am to 10:30am  
Cost: Free. Art materials, tea and  
coffee supplied

Linked Community Services will be offering \$5 transfers to the Seniors Concert and all of the seniors art classes for those who are eligible. Each person travelling will need to register with Linked prior to their travel date. Call 4984 7999 or visit linked.org.au. T&Cs Apply.



For other upcoming  
events in Port Stephens  
scan the QR code



Follow Port Stephens Council  
on Facebook for updates about  
these events

### Latitude One seniors event

4495 Nelson Bay Rd, Anna Bay  
10:30am and 2pm morning/  
afternoon tea, garden talk and  
site tour

### Mature Movers

Kooindah Centre, Tanilba Bay  
10:45am  
Cost: \$10 to \$12  
Bookings required 0404 805 626

### Aqua aerobics

Lakeside Leisure Centre,  
Raymond Terrace, 8am and 5:45pm  
Cost: \$14.60 (accepts membership)

### Decluttering with 'A Good Sort'

Tomaree Library, Salamander Bay  
10:30am to 11:30am  
Bookings essential 4988 0670  
Raymond Terrace Library,  
Raymond Terrace  
1:30pm to 2:30pm  
Bookings essential 4988 0111

## Thu 09

### Hume Community Housing seniors event

46 William St, Raymond Terrace  
Tai Chi – 9am to 10am, cost: \$5  
Free morning tea – 10am to 10:20am  
Free activities – 10:20am to 11am  
Exercise – 11am to midday, cost: \$5

### Tech Connect

Tomaree Library, Salamander Bay  
and Raymond Terrace Library,  
Raymond Terrace  
10:30am to 11:30am  
Individual assistance with your  
smartphone or tablet

### Mature Movers

Kooindah Centre, Tanilba Bay  
10:45am  
Cost: \$10 to \$12  
Bookings required 0404 805 626

### Latitude One seniors event

4495 Nelson Bay Rd, Anna Bay  
10:30am and 2pm morning/  
afternoon tea, garden talk and  
site tour

## Fri 10

### Aqua aerobics

Lakeside Leisure Centre,  
Raymond Terrace, 8am and 5:45pm  
Cost: \$14.60 (accepts membership)

Tomaree Aquatic Centre,  
Salamander Bay, 10am to 11am  
Morning tea from 11:30am

### Simshakti yoga

Tomaree Library, Salamander Bay  
2:30pm to 4pm  
Bookings essential 4988 0670

## Sat 11

### Wangi Queen sunset cruise

Public Wharf, Lemon Tree Passage  
From 6pm  
Cost: \$35  
Tilligerry Community Association are  
celebrating the community's 80th  
birthday party on the new Wangi  
Queen with 60s and 70s music.